In 2017, Family Health Center identified a need in the community which motivated us to create a program to treat substance use disorders using medication assisted treatment (MAT). Since that time, we've provided MAT services to over 660 patients currently averaging 15 new patients per month. Our clinic has had substantial growth over the past few years, but

nothing could've prepared us for a global pandemic. The COVID-19 outbreak taught us that we needed additional flexibility and challenged us to think outside the box in regard to patient care.

### **Sublocade**

Family Health Center began prescribing Sublocade in September of 2020. We were able to treat 15 patients with Sublocade during 2020 and as of June 2021 we had already treated 18 patients. Sublocade is a favorable option for treating patients who are unable to consistently take their medication as prescribed. Additionally, this medication prevents diversion or illegal sale of medication.

## Inductions per Year 153 100 50 ■ 2017 ■ 2018 ■ 2019 ■ 2020

### Injectables

Medications such as Vivitrol and Sublocade are once monthly injections. These treatments have been an essential part in limiting in-person medical visits during a pandemic. Just in the past year, Family Health Center was able to treat 115 patients with Vivitrol totaling 386 injections. Vivitrol is an excellent alternative medication to use when the patient has some ability to abstain from using substances prior to initiating medication or comes to us from a residential environment. For others we can use Sublocade, which is the injectable version of buprenorphine.

#### **Holistic Treatment**

Family Health Center strives to treat every patient as a whole. All patients receiving SUD treatment are offered several resources including MAT, individual counseling, group therapy, case management, peer recovery support, outreach care coordination, on-site pharmacy. Treating patients holistically maximizes recovery efforts and decreases health disparities.

# Behavioral health

Telehealth therapy was newly implemented in March 2020 during the first shut down. This form of treatment has helped us take our holistic approach to a new level. The following data represents March 2019 to February 2020 (Pre COVID) and March 2020 to March 2021(During COVID).

Totala	Pre	<b>D</b>
Total SUD BE	T Visite COVIC	During Cours
Individual V	isits 2390	2 COVID 3122
Group Vision In Person	1167	2507
Telehealth	2390	615
-4/(/)	0	167

